

# The Forensic Restrictiveness Questionnaire (FRQ)

## Scoring Instructions

The FRQ is self-report but administrators can help with language comprehension.

Scoring the FRQ is relatively straightforward. It is unidimensional, so all items add to a single total score.

All items are measured on a 5-point Likert scale ranging from 1-5. These represent 'strongly disagree', 'disagree a little', 'not sure', 'agree a little' and 'strongly agree'.

To make it so that a high FRQ total score indicates a high amount of experienced restrictiveness all items need to be reverse coded except for item 13 'I am forced to do things I don't want to do'.

The FRQ has a minimum score of 15 and a maximum score of 75.

The results of the pilot study are not generalizable enough to warrant the creation of different scoring grades. Further research and clinical use are required. However, understanding where individuals score in relation to others can be informative for patients, clinicians and academics.

It may therefore be helpful to note that the spread of FRQ scores divided into quartiles was as follows: Q1=25, Q2=33, Q3=46, with Min=14, Max=75. Accordingly, it might be helpful to consider the following grades as a preliminary guide:

<b>Score Range</b>	<b>Grade</b>
15-24	Low
25-32	Low to Moderate
33-44	Moderate to High
45-75	High

For questions about the FRQ, please email:

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